



Looking for further information,
advice or support?

Contact the Journey 2 Work Officer on:

T: 01495 745769

M: 07794 346 223

Or complete a referral form and email to
J2W@monmouthshirehousing.co.uk





Journey 2 Work is a voluntary programme which is part-financed by the European Social Fund (ESF) through the Welsh Government and operates in Newport, Monmouthshire and Cardiff.

Monmouthshire Housing Association delivers Journey 2 Work service in Monmouthshire.

The project aims to engage, support and enable you to gain a range of skills, qualifications and meaningful work / voluntary placements to feel confident, able and motivated to enter into sustainable employment or further learning. We tailor our services to suit you, helping you to overcome the challenges you face and take control of your future.

If you sign up for the Journey 2 Work service you will be provided with a Journey 2 Work officer, who will support you through every step.

...Address Your Personal Barriers

Is there something stopping you from achieving your goals?

Your barriers may include:

- Physical Health condition
- Mental Health
- Childcare
- Transport
- Confidence
- Motivation
- Low self-esteem

We can help you find some solutions to your problems

...Improve Your Skills

Is not having the rights skills or qualifications to do a job your barrier to employment?

We can offer support to access:

- Qualifications
- Training
- Volunteering
- Work Experience
- Employability Skills to improve you CV, support with Interview techniques and help with job searches

We can help you find some solutions to up-skill

Everyones needs are different. That's why we have designed the service to fit around your needs and address the things that matter to you most.

By getting involved you could...

...Improve Your Financial Situation

Moving from benefits to employment can be a daunting prospect.

We have a 'Money Wise' Service that can help you:

- Manage debts
- Improve your budgeting skills
- Understand the in-work benefits and support you to apply
- Complete a Better off Calculations to ensure you will be better off financially in work

We can help you become more confident in managing your finances

...Gain Sustainable Employment

You have addressed your personal barriers, up-skilled and feel more confident in your financial situation.

We will support you to:

- Apply for suitable vacancies
- Complete application forms
- Prepare for interviews

Start your new job

Once in your new job we will be here for 6 months of In-Work-Support

Are you eligible for help with Journey 2 Work?

To join the project you will need to:

- Be over 25 years old
- Live in Monmouthshire
- Have the right to work in the UK
- Be long term unemployed or economically inactive
- Have barriers you think are stopping you from working
- Want to get back into work

See the back of this leaflet for ways you can contact us to find out more about the [Journey 2 Work](#) programme.